

Reconstructing the Population History of Nicaragua by Means of mtDNA, Y-Chromosome STRs, and Autosomal STR Markers

Carolina Nuñez,^{1*} Miriam Baeta,¹ Cecilia Sosa,¹ Yolanda Casalod,¹ Jianye Ge,^{2,3}
Bruce Budowle,^{2,3} and Begoña Martínez-Jarreta¹

¹Laboratory of Forensic Genetics, Faculty of Medicine, University of Zaragoza, 50009 Zaragoza, Spain

²Institute of Investigative Genetics, Health Science Center, University of North Texas, Ft Worth, TX 76107

³Department of Forensic and Investigative Genetics, Health Science Center, University of North Texas, Ft Worth, TX 76107

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ABSTRACT Before the arrival of the Spaniards in Nicaragua, diverse Native American groups inhabited the territory. In colonial times, Native Nicaraguan populations interacted with Europeans and slaves from Africa. To ascertain the extent of this genetic admixture and provide genetic evidence about the origin of the Nicaraguan ancestors, we analyzed the mitochondrial control region (HVSI and HVSII), 17 Y chromosome STRs, and 15 autosomal STRs in 165 Mestizo individuals from Nicaragua. To carry out interpopulation comparisons, HVSI sequences from 29 American populations were compiled from the literature. The results reveal a close relationship between Oto-manguean, Uto-Aztecan, Mayan groups from Mexico, and a Chibchan group to Nicaraguan lineages. The Native American contribution to present-day Nicaraguan Mestizos accounts for most of

the maternal lineages, whereas the majority of Nicaraguan Y chromosome haplogroups can be traced back to a West Eurasian origin. Pairwise *F*_{st} distances based on Y-STRs between Nicaragua and European, African and Native American populations show that Nicaragua is much closer to Europeans than the other populations. Additionally, admixture proportions based on autosomal STRs indicate a predominantly Spanish contribution. Our study reveals that the Nicaraguan Mestizo population harbors a high proportion of European male and Native American female substrate. Finally, the amount of African ancestry is also interesting, probably because of the contribution of Spanish conquerors with North African genetic traces or that of West African slaves. *Am J Phys Anthropol* 143:591–600, 2010. © 2010 Wiley-Liss, Inc.

Nicaragua is the largest country of Central America, bounded on the North by Honduras, the East by the Caribbean Sea, the South by Costa Rica, and the West by the Pacific Ocean. The origin of the Nicaraguan population, as most populations of Latin American countries, is composed of a substantial ethnic admixture. The colonization of Nicaragua in 1524 (Séjourné, 1972) introduced diverse populations that interacted and mixed with the resident Native Americans. These populations were the European (mainly Spanish) and the sub-Saharan African (who were brought as slaves). Nowadays, the Nicaraguan population is composed of Mestizos (69%), Caucasoids (17%), Africans (9%), and Amerindians (5%; CIA World Factbook, 2007). This panorama makes the study of the Nicaraguan population very interesting in terms of population genetic diversity and admixture.

The first migratory waves from Mesoamerica that established in Nicaragua were the Chorotega (or Mangué). Later, this group was forced to move from their territories to the central region of Nicaragua because of the arrival of the Nicarao (Tous, 2003). Another Nicaraguan group was the Subtiaba (or Maribio), which may be related to the Chorotega. These groups mainly spoke languages of the Uto-Aztec and Oto-Manguean families. The Chontales (or Matagalpa) also occupied the central mountain region of Nicaragua. Their language has been classified into the Chibcha family (Paul, 2009).

The Caribbean coast of Nicaragua, where the Spanish did not settle until the 19th century, has a different history. Tribes with various dialects and languages related to Chibcha inhabited most of this area (Constenla, 2002). The Bawihka group, who lived in Northeast Nicaragua, mixed with African slaves from the British Caribbean territories. They expanded and began to control other indigenous groups such as the Sumus, Ramas, and Garifundas (Helms, 1996). This Afro-indigenous group became known as Miskito and today is the most numerous indigenous group in Nicaragua (VIII Censo de Población y IV de Vivienda, 2005).

A number of forensic and genetic population studies have focused on the American continent. Nevertheless,

Additional Supporting Information may be found in the online version of this article.

*Correspondence to: Carolina Nuñez Domingo, Laboratory of Forensic Genetics, Faculty of Medicine, University of Zaragoza, c/Domingo Miral s/n, 50009 Zaragoza, Spain.
E-mail: cnunezdo@gmail.com

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some populations are still genetically undefined, particularly populations from Central America such as those residing in Nicaragua.

Mitochondrial DNA and Y chromosome markers are very useful tools for investigating the genetic history of populations (Wallace et al., 1999; Jobling and Tyler-Smith, 2003). Lineage-based genetic marker variation has shown a strong phylogeographical structure among continental areas to the point that the majority of haplogroups are confined to a single continent and can be used to trace past and recent migrations (Roewer et al., 1996, 2005; Sampietro et al., 2005; Tamm et al., 2007). Several studies of different populations of Latin America, using these polymorphisms, observed strong sexual genetic asymmetries between male and female gene pools (Green et al., 2000; Mesa et al., 2000; Carvalho-Silva et al., 2001; González-Andrade et al., 2007). Thus, the mitochondrial DNA shows a predominantly Native American contribution whereas the Y chromosome indicates a substantial European contribution. These findings are in agreement with the historical records, which document that the majority of immigrants who entered America during colonial times were males (Sánchez-Albornoz, 1977). In addition, this asymmetry was reinforced by the social attitude of accepting marriage between European males and Native American females, whereas relationships between Native American men and European females were persecuted (Rodríguez-Delfin et al., 2001).

In the present study, we analyzed the mitochondrial DNA control region, 17 Y chromosome STRs, and 15 autosomal STRs of a population from Nicaragua, with the following aims: a) the genetic characterization of the Nicaraguan population, b) to survey the geographic origin of Nicaraguan ancestors, c) to determine the extent of the admixture present among the current Mestizo population, and d) to evaluate the differential sexual contribution to the gene pool of Nicaragua.

MATERIALS AND METHODS

Sample collection and DNA extraction

A total of 165 bloodstains were collected in FTA[®] paper from healthy unrelated Mestizo individuals who were born and reside in different departments of Nicaragua (Chinandega, Leon, Managua, Carazo, Chontales, Matagalpa, Esteli, Madriz, Nueva Segovia, Jinotega, Atlántico Norte, and Atlántico Sur). Informed consent was obtained from all individuals participating in the study. DNA was extracted using the Chelex-100 method (Walsh et al., 1991).

PCR and mitochondrial DNA sequencing

The hypervariable regions HVSI (positions 15996–16401) and HVSII (positions 29–408) of the mtDNA genome were analyzed. PCR was performed using a 2720 Thermal Cycler (Applied Biosystems, Foster City, CA) in 20 μ l reactions using the HotStar Taq Plus Master Mix kit (Qiagen, Chatsworth, CA), including 1 μ l of the extracted DNA (0.5–3 ng of DNA), and following the manufacturer's conditions with little modifications. Primers for HVSI were L15996-H16401 and for HVSII

L29-H408 (Vigilant et al., 1991), both including the M13 sequence. DNA products were then purified using the MinElute PCR Purification kit (Qiagen, Chatsworth, CA) and sequenced in both directions using M13 primers. Sequencing reactions were performed using the BigDye[®] Terminator v1.1 Cycle Sequencing kit (Applied Biosystems, Foster City, CA) following the manufacturer's conditions with slight modifications. Purification of sequencing products was performed with DyEx 2.0 Spin kit (Qiagen, Chatsworth, CA). Sequence reaction products were then analyzed on the ABI Prism[™] 310 Genetic Analyzer (Applied Biosystems, Foster City, CA). Sequences obtained were analyzed using the Sequencing Analysis software (Applied Biosystems, Foster City, CA) and compared with the rCRS using the SeqScape software (Applied Biosystems, Foster City, CA).

Haplogroups were assigned by means of mtDNAMAN (Lee et al., 2008) and checked following the most updated versions of the mitochondrial DNA phylogeny (Achilli et al., 2008; van Oven et al., 2009).

Quality checking. To minimize the effects of laboratory and documentation errors, two independent members of the laboratory read the sequences separately. In some cases where the sequences were not sufficiently clear or possible phylogenetic inconsistencies were observed, DNA extraction and sequencing were repeated.

Y chromosome genotyping

Y chromosome short tandem repeat (STR) markers included in the AmpFISTR[®] Yfiler[®] PCR Amplification kit (Applied Biosystems, Foster City, CA) were analyzed in the ABI Prism[™] 310 Genetic Analyzer according to the manufacturer's recommendations. This set of markers was selected because it includes the "European minimal haplotype" (DYS19, DYS385a/b, DYS389I, DYS389II, DYS390, DYS391, DYS392, and DYS393; Kayser et al., 1997), the Scientific Working Group on DNA Analysis Methods recommended Y-STR loci (DYS438 and DYS439), and the highly polymorphic loci DYS437, DYS448, DYS456, DYS458, Y GATA H4, and DYS635 (formerly known as Y GATA C4) to further increase the power of discrimination (Muleró et al., 2006). Allele identification was performed by GeneMapper[™] ID software, version 3.1 (Applied Biosystems, Foster City, CA).

As an approximate approach, although not 100% accurate, haplogroups were determined with 23-Haplogroup Beta Program of Haplogroup Predictor (Athey, 2006). This tool is based on a Bayesian approach based upon allele frequencies, which were calculated from collections of haplotypes extracted from published articles and databases (Athey, 2005). Such an approach does result in the probability that a Y-STR haplotype is in a haplogroup. The haplogroup assigned was the one that scored the highest probability. Additionally, we performed haplogroup determination by comparing with data sets from the literature in which both Y chromosome single nucleotide polymorphism (SNP) markers and Y-STRs had been typed (Bosch et al., 1999; Bortolini et al., 2003; Zegura et al., 2004; Adams et al., 2008; Coelho, 2009; Hammer et al., 2009). Haplogroup nomenclature is provided according to the most recent update (Karafet et al., 2008). Haplotypes consisting of nine Y-STR loci were searched in the largest Y chromosome haplotype database, YHRD, (Roewer et al., 2001) to observe the concordance between haplogroups and the frequency of each haplotype in worldwide metapopulations.

Abbreviations

AMOVA	analysis of molecular variance
HVS	hypervariable regions
MDS	multidimensional scaling
YHRD	Y chromosome haplotype database.

Autosomal STRs

Fifteen autosomal STRs included in the AmpFlSTR[®] Identifiler[®] PCR Amplification kit (D8S1179, D7S820, D3S1358, D13S317, D16S539, D2S1338, D19S433, D5S818, D21S11, CSF1PO, vWA, THO1, TPOX, D18S51, and FGA; Applied Biosystems, Foster City, CA) were analyzed following the manufacturer's recommendations. The amplified products and reference ladders provided with the kit were analyzed in the ABI Prism[™] 310 Genetic Analyzer. Electrophoresis results were analyzed using GeneMapper[™] ID software, version 3.1.

Statistical analysis

Mitochondrial DNA. Diversity indices of HVSI sequences (haplotype and nucleotide diversity, and mean number of pairwise differences) were calculated using Arlequin 3.1 software (Excoffier et al., 2005). Nucleotide and sequence diversity were computed as proposed by Nei (1987). A median-joining network of Nicaraguan HVSI sequences was constructed using the Network 4.5.1.0 package (Bandelt et al., 1999). Positions 16,029–16,362 were considered, and nucleotide position was given a weight as in Brandstätter et al. (2008). Values of ρ and σ were converted to age estimates using the most recent mutation rate available for synonymous mutations of the HVSI segment of one transition per 16,677 years (in the nucleotide position range 16,051–16,400) (Soares et al., 2009).

To compare the present Nicaraguan results with other American populations, HVSI sequences from 1,649 American individuals were collected from the literature. American populations used for this purpose were: a) North Americans: Triqui, Tarahumara, Purepecha, Otomí, Mixtec, Xochimilco, Zitlala, Ixhuatlancillo, Necoxtla, Yucatec Maya, and Pima from Mexico (Sandoval et al., 2009), Nuu-Chah-Nulth, Haida, and Bella Coola from Canada (Ward et al., 1991, 1993), Navajo and Apache from Arizona (Budowle et al., 2002); b) Central Americans: Embera, Wounan, and Ngöbé from Panamá (Kolman et al., 1995; Kolman and Bermingham, 1997), Cuba (Mendizabal et al., 2008), El Salvador (Salas et al., 2009); c) South Americans: Arequipa, Tayacaja, San Martín, and Quechua from Peru (Fuselli et al., 2003; Sandoval et al., 2009), Araucarian from Chile (Horai et al., 1993), Cayapa and Waorani from Ecuador (Rickards et al., 1999; Baeta et al., 2009), Yanomami from Brasil (Easton et al., 1996). Population genetic structure was tested by analysis of molecular variance (AMOVA) (Excoffier et al., 1992), and pairwise F_{st} distances were calculated as proposed by Tajima and Nei (1984) using the Arlequin 3.1 software. To estimate the most likely putative origin (North, Central, or South America) of the Nicaraguan sequences, the probability of origin for each subcontinental region was calculated by a Bayesian approach (Mendizabal et al., 2008).

Y chromosome. The haplotype diversity and population pairwise F_{st} values were calculated with the Arlequin 3.1 software. Population pairwise F_{st} values were estimated for Nicaragua, Spain ($n = 148$; Martin et al., 2004), Italy ($n = 79$; Capelli et al., 2006), Germany ($n = 89$; Rodig et al., 2007), United Kingdom ($n = 249$; Ballard et al., 2005), France ($n = 100$; Keyser-Tracqui et al., 2003), Arabic and Berber-speaking populations from Morocco ($n = 109$; Quintana-Murci et al., 2004), Guiné-Bissau ($n = 161$; Rosa et al., 2006), Angola ($n = 236$; Coelho

et al., 2009), and Kichwa Native American ($n = 101$; González-Andrade et al., 2007) populations. To maximize the amount of overlapping loci and samples nine Y-STR loci were considered (DYS19, DYS389I/II, DYS390, DYS391, DYS392, DYS393, and DYS385a/b) for this purpose.

Autosomal STRs. Molecular diversity parameters were determined with the Arlequin 3.1 software. Admixture proportions based on 15 autosomal STRs were computed with Admix 2.0 (Dupanloup and Bertorelle, 2001) using Spanish (Camacho et al., 2007), Mexican Amerinds (Barrot et al., 2005), and Equatorial Guinea (Alves et al., 2005) together with Angola (Beleza et al., 2004) as ancestral populations. Admixture proportions and their standard deviations were estimated from 100,000 bootstrap iterations. This program can compute the estimator mY , initially described in Bertorelle and Excoffier (1998) and extended to any number of parental populations by Dupanloup and Bertorelle (2001). This estimator takes into consideration the frequencies of different alleles as well as the degree of molecular divergence between them. In the case of multilocus data, this approach is possible only when all loci have approximately the same mutation rate (Bertorelle and Excoffier, 1998). Since all 15 autosomal STRs analyzed herein have not similar mutation rates (Short Tandem Repeat DNA Internet DataBase), we have computed admixture coefficients separately for three classes of loci with similar mutation rates: a) THO1 and TPOX; b) D8S1179, D7S820, D3S1358, D13S317, D16S539, D2S1338, D19S433, D5S818, D21S11, CSF1PO, and vWA; c) D18S51 and FGA. We obtained a final estimate from the average over classes of loci, weighted by the number of loci involved in each class.

RESULTS

Mitochondrial DNA

Haplotype and sequence diversity. A total of 68 different HVSI, 55 different HVSII, and 95 different HVSI/II haplotypes were found in the Nicaraguan population sample (ignoring the common insertions at positions 310 and 315 in the HVSII polyC tract). Mitochondrial DNA haplotypes and their corresponding haplogroups are provided in Supplementary file 1. Two samples were removed from the total because of inconclusive profiles. Some HVSI haplotypes are common in the sample, such as 16111T, 16223T, 16290T, 16319A, and 16362C, which are present in 16 individuals. Similar profiles were observed differing with transitions 16187 C→T and 16299 A→G, in 30 and 12 individuals, respectively.

Summary statistics for mtDNA HVSI sequence diversity are presented in Supporting Information Table S1. Haplotype and nucleotide diversity for the Nicaraguan population studied were 0.934 (± 0.013) and 0.026 (± 0.014), respectively. Native American populations with lower sequence diversity were Triqui (0.548 \pm 0.056), Zitlala (0.593 \pm 0.144), Pima (0.553 \pm 0.056), and Waorani (0.222 \pm 0.047).

Haplogroup composition. Figure 1A shows the frequency of each mtDNA haplogroup observed in the Nicaraguan sample. The most frequent haplogroup was the Native American A2 (73.62%), followed by haplogroup B4* (14.11%). Haplotypes classified into the B haplogroup may be considered to belong to the common B2 Native American subclade (Achilli et al., 2008), but since

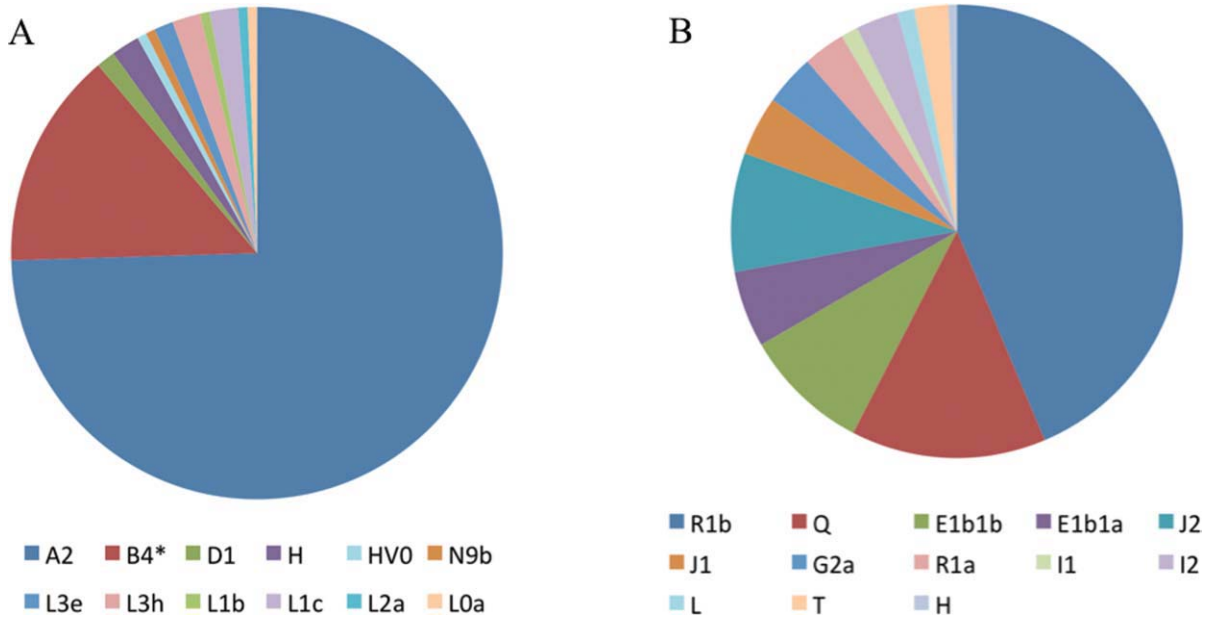


Fig. 1. Frequency of each mtDNA (A) and Y-chromosome (B) haplogroup found in Nicaragua.

the coding positions were not typed this subclade is classified as B4* haplogroup. Native American haplogroups D1 and X2a were also present, but at very low frequencies (1.22 and 0.61%, respectively). The presence of one sample belonging to the X2a haplogroup may be because of recent migration from North America, since X2a has not been observed in Central America (Perego et al., 2009). Other Native American lineages, such as C1 and D4h3 (Tamm et al., 2007; Perego et al., 2009) are absent from our Nicaraguan sample.

Other non-Native American haplogroups were observed at low frequencies, H (2.45%), V (0.61%), L0a (0.61%), L1b (0.61%), L1c (1.84%), L2a (1.22%), L3e (1.22%), and L3h (1.84%). These latter haplogroups were not considered for computational analysis. Most of these sequences belong to sub-Saharan L haplogroups. Particularly, subhaplogroups L0a, L1b/c, L2a, and L3e/h were observed, which vary in their distribution throughout Africa (Salas et al., 2002; Coelho et al., 2009). Central America mainly harbors subhaplogroups of Western and West-Central Africa origin, such as L1b/c and L3e, consistent with the major source regions for American mtDNA lineages of African ancestry (Salas et al., 2004).

Median-joining network. With the aim of investigating the genetic relationship between the A2 mtDNA lineages observed in our dataset of Nicaragua, a median-joining network was constructed. The phylogeny of A2 in Nicar-

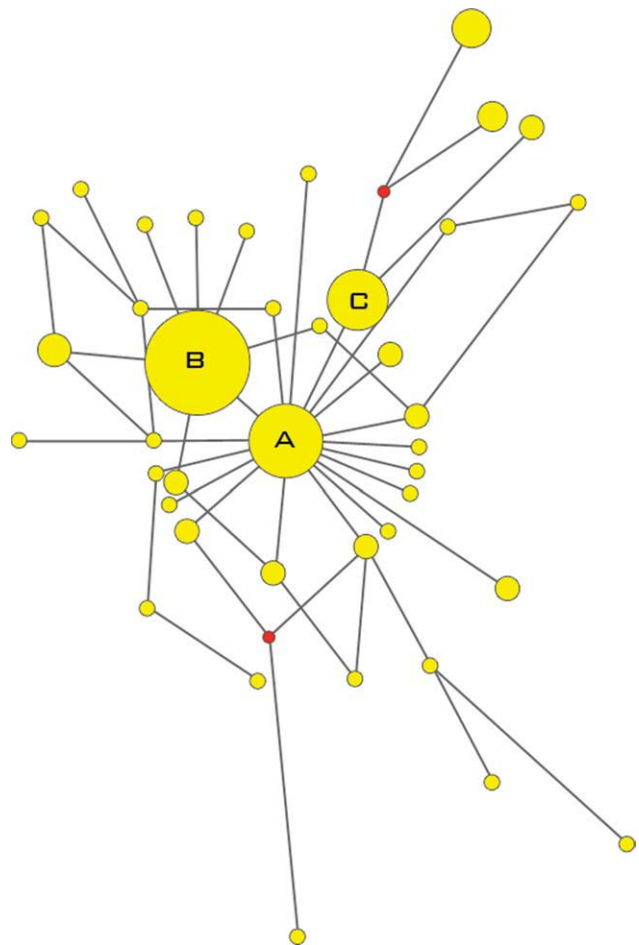


Fig. 2.

Fig. 2. Median-joining network of haplogroup A2 mtDNA sequences from Nicaragua. Only the variation contained in the HVSI region (range 16,029–16,362) was used. The areas of the circles are proportional to the number of individuals bearing the corresponding haplotype. **A**, **B**, and **C** show the haplotypes 16111T, 16223T, 16290T, 16319A, 16362C; 16111T, 16187T, 16223T, 16290T, 16319A, 16362C; and 16111T, 16223T, 16290T, 16299G, 16319A, 16362C, respectively.

agua is star-like (Fig. 2). It is rooted by the diagnostic sites C16111T, T16223C, C16290T, G16319A, and T16362C in HVSI (A in Fig. 2). Compared with the American database compiled herein, this haplotype was also observed in all American populations with the exception of Tarahumara, Necoxtla, Pima, and Wounan from Mesoamerica, and Arequipa, Araucarian, Quechua, Cayapa, Yanomami, and Waorani from South America. The haplotype referred to as B in Figure 2 of the Nicaraguan sample was also found in the Mexican populations Xochimilco and Maya, and in Ngöbé, Cuba, and El Salvador populations, all from Mesoamerica. Interestingly, haplotype referred to as C in Figure 2 bearing the transition 16299 A→G was only shared by four individuals from El Salvador. The estimated age for the haplogroup A2 based on the HVSI region was dated in $13,834 \pm 7,113$ Y.B.P.

AMOVA analysis. When all American populations were classified by three major geographic regions: North, Central, and South, AMOVA analysis showed that 25.22% of the variability lies among populations within groups, 72.50% within populations, and a nonsignificant 2.28% ($P > 0.05$) between groups. The results indicate genetic heterogeneity among the subcontinental regions and a lack of continental structure.

Estimation of the geographic origin. With the purpose of obtaining rough estimates for the putative geographic origin of Nicaraguan mtDNA lineages at a continental scale, the identical matching sequences in our database were searched in 29 published American populations classified by main geographical regions: North ($n = 884$), Central ($n = 287$), and South ($n = 478$). Only 18 Native American Nicaraguan lineages, representing 60.7% of the Nicaraguan individuals, were found in the American database. The distribution of the Native American Nicaraguan sequences could be described as follows: 39.5% (SD = 5.2%) to North, 55.5% (SD = 5.3%) to Central, and 4.9% (SD = 2.3%) to South. The average proportions of Nicaraguan sequences found in each geographical region can be used as an approximation to infer the relationship of this population within the continent. As expected, the Nicaraguan mtDNA pool shows a closer relationship to Central American populations. Nonetheless, it is noteworthy that a high percentage (39.5%) of Nicaraguan lineages can be ascribed to a North American origin.

Pairwise F_{st} distances. To compare the Nicaraguan population with each of the American populations from our database, pairwise F_{st} distances were estimated (Supporting Information Table S2). The lower F_{st} values were for Nicaragua with Triqui, Mixtec (nonsignificant value, $P > 0.05$), Xochimilco, and Zitlala from Mexico, Ngöbé and El Salvador populations from Central America.

Y chromosome

Haplotype diversity. From a total of 165 Nicaraguan individuals, there were 158 distinct haplotypes observed (based on 17 Y chromosome STR polymorphisms). Y chromosome STR haplotypes and their corresponding haplogroups are presented in Supplementary file 1. Most common haplotypes and their frequency in the Nicaraguan sample are shown in Supporting Information Table S3. Haplotype diversity was high, estimated as 0.9993 ± 0.0008 , explained by the high polymorphic value of this set of markers.

Haplogroup composition. Figure 1B shows the haplogroup frequencies in the Nicaraguan dataset. The majority of Nicaraguan lineages can be traced back to the West Eurasian gene pool. The haplogroup with the highest frequency was haplogroup R1b (43.63%), followed by other Eurasian haplogroups at lower frequencies, J2 (8.48%), J1 (4.24%), G2a (3.63%), R1a (3.03%), T (2.42%), I1 (1.21%), I2 (3.03%), L (1.21%), and H (0.6%). African (E1b1a, E1b1b) and Native American (Q) haplogroups represent the 14.54% and 13.93% of the Nicaraguan sample, respectively.

Multidimensional scaling (MDS) analysis of genetic distances based on Y-STR pairwise F_{st} estimates (Fig. 3) show a close correspondence between Nicaraguan Mestizos and European populations. In terms of pairwise distance estimates, Nicaragua appears to be much closer to Spain ($F_{st} = 0.0144$) and Italy ($F_{st} = 0.0140$) (Supporting Information Table S4). These results are in agreement with the haplogroup frequencies found in Nicaragua. R1b, the haplogroup with the highest frequency in our sample (43.63%), is the most common in Western Europe (Rosser et al., 2000; Semino et al., 2000), and approaches 66% in Spain (Adams et al., 2008). Moroccan populations show a lower genetic distance (Supporting Information Table S4) with Nicaragua than the other African populations. This result could be explained because the Iberian Peninsula and Balearic Island populations show 10.6% North African ancestry (Adams et al., 2008), because of the Islamic occupation from the 8th to the 15th century. Thus, Spanish conquerors could have introduced genetic traces of North African origin during the colonization of Nicaragua.

Among African haplogroups found in Nicaragua, E1b1b (or E3b) is the most frequent haplogroup (9.09%). This haplogroup is the most seen in North Africa (Arredi et al., 2004), but it has also been observed in Europe (Semino et al., 2000) and Western Asia (Underhill et al., 2000). On the other hand, E1b1a is restricted to Africa, being distributed at different frequencies throughout the continent, particularly in Western Africa at higher frequencies (Coelho et al., 2009). This proportion of E1b1a lineages found in Nicaragua (5.45%) may be because of the Western African slaves introduced by the Spanish during colonial times (Rout, 1976).

Haplogroup J is also present in the Nicaraguan sample at similar frequencies to E1b1a/b haplogroups (J1: 4.24%; J2: 8.48%). J2 lineages seem to display a decreasing frequency gradient from the Near East toward Western Europe, whereas J1 shows its highest frequencies in the Middle East, North Africa, and Ethiopia, and its lowest in Europe, having been observed only in the Mediterranean area (Semino et al., 2004).

Autosomal STRs

Autosomal STR genotypes and allele frequencies are provided in Supplementary file 1. Genetic diversity was high, estimated as 0.792 ± 0.06 , according to expectations for admixed populations. Admixture proportions based on 15 autosomal STRs were calculated using Spanish, African from Equatorial Guinea and Angola, and Mexican Amerinds as ancestral populations. Admixture proportions in Nicaraguan Mestizos were (0.690 ± 0.113) Spanish, (0.203 ± 0.089) African, and (0.106 ± 0.079) Amerindian. Large standard deviations are a reflection of short genetic distances among the source populations.

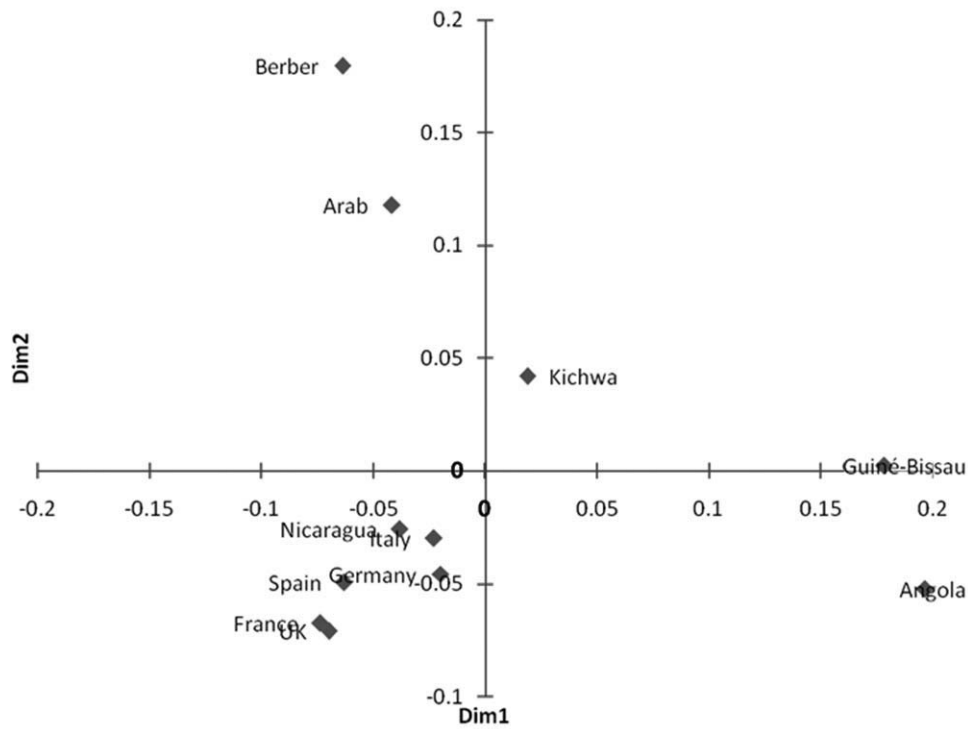


Fig. 3. Multidimensional scaling (MDS) analysis based on Y-STR pairwise F_{st} estimates among European (Spain, Italy, France, Germany, and United Kingdom), African (Arabic and Berber-speaking populations from Morocco, Guiné-Bissau, and Angola), and American populations (Nicaraguan Mestizos and Amerindian Kichwa). Stress value = 0.12.

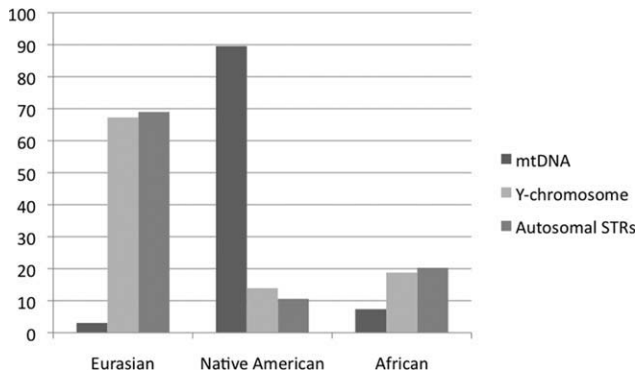


Fig. 4. Admixture estimates based on mtDNA, Y-chromosome STRs, and autosomal STRs data.

There are currently several existing panels of markers for ancestry analysis. To obtain accurate admixture estimates, the average allele frequency difference among ancestral populations and the choice of these populations are factors to take into consideration (Barnholtz-Sloan et al., 2008). Although representative populations have been used as ancestral populations in this study, the average allele frequency difference between ancestral populations is not >0.1 (data not shown). Thus, these results should be regarded as a rough ancestry approximation.

Admixture estimates

Admixture estimates of the present Nicaraguan population are shown in Figure 4. Mitochondrial DNA and Y-

chromosome admixture proportions were based on haplogroup frequencies, grouping haplogroups by Native American, Eurasian, or African origin. The results indicate a vast Eurasian contribution on the basis of both autosomal STRs (69%) and Y chromosome haplogroup frequencies (67.27%), whereas the Amerindian component is mainly due to maternal contribution (89.57%). An African contribution was also detected, being higher with autosomal STRs (20.3%) and Y-chromosome (18.78%) than with mtDNA estimates (7.36%).

DISCUSSION

When Spanish conquerors arrived in Nicaragua, they found a densely populated area with several ethno-linguistic groups. Some of the major groups that inhabited Nicaragua before Columbian times may have migrated south from Mexico, being descendants of Aztec and Mayan cultures from Mesoamerica. Also, other groups belonging to the Chibcha linguistic family were generally present in the Central Mountain region and the Caribbean coast of Nicaragua. Mitochondrial DNA data obtained here supports that these groups could be the ancestors of the current Nicaraguan population, mainly composed of Mestizos. Haplotypic comparisons and pairwise F_{st} values show a relation of Nicaraguan lineages to Triqui, Mixtec (Oto-manguanean linguistic family), Xochimilco, Zitlala (Uto-Aztecan linguistic family), Maya Mexican populations, and Ngobé (Chibcha linguistic family) from Panamá. In addition, when our Native American mtDNA sequences were analyzed within the

continental landscape, 39.5% of the lineages can be attributed to a North American origin.

Haplogroup A2 shows the highest frequency in Nicaragua (73.62%), and a significant percent of the Native American lineages (39.3%) remain unobserved in the other American populations used in this study. The high frequency of A2 haplogroup in Nicaragua is in agreement with the frequencies of this haplogroup in other Mesoamerican populations (Santos et al., 1994; Batista et al., 1995; Boles et al., 1995; Kolman et al., 1995; Kolman and Bermingham, 1997; Salas et al., 2009; Sandoval et al., 2009). It is worth mentioning that there is a substantial heterogeneity of haplogroup frequency patterns in America, even between genetically and geographically close populations (Salas et al., 2009). In the case of Mesoamerica, although haplogroup A2 shows a wide distribution, haplogroup B2, C1, and D1 seem to show discontinuities (Santos et al., 1994; Batista et al., 1995; Boles et al., 1995; Kolman et al., 1995; Kolman and Bermingham, 1997; Green et al., 2000; Salas et al., 2009; Sandoval et al., 2009). In the case of haplogroup C1, it is found at high frequencies in Mexico (Green et al., 2000; Sandoval et al., 2009) and Panamá, and at lower frequencies in Guatemala and El Salvador, whereas in Nicaragua and Costa Rica it is absent. The absence of haplogroup C1 in the dataset may reflect the Chibchan origin of some Nicaraguan lineages since other Chibchan groups lack this haplogroup as well (Santos et al., 1994; Batista et al., 1995; Kolman et al., 1995). European and African mtDNA haplogroups were also observed at low frequencies in our dataset (3.06% and 7.34%, respectively). Correspondingly, the impact of non-American populations on the mtDNA pool of Nicaragua is very low.

Despite the numerous Native American people inhabiting Nicaragua during the colonial period, historical records report that the arrival of the Spanish caused a drastic demographic decline, estimated at 90–95% of the indigenous population, and subsequently a new group developed, the Mestizos (Tous, 2003), currently the most abundant group in Nicaragua. This group originated primarily by admixture of Native American women and European men. The Nicaraguan mtDNA and Y chromosome lineages clearly show a strong unidirectional sex bias in European–Native American admixture. The mtDNA is mostly of Native American origin and Y chromosome lineages have a predominantly west Eurasian ancestry. Pairwise F_{st} distances for Y-STR markers show a close relationship between Nicaragua and European populations studied, particularly with Spain. Y chromosome haplogroup R1b, which is present in a particularly high frequency in the Spanish population (Adams et al., 2008), is the most frequent in Nicaragua. The influence of the other European populations may reflect more recent migrations to the country. Y chromosome subhaplogroups E1b1a/b and J1 account together for 18.78% of the total haplogroups. Because of their distinct distributions throughout Africa, these two subhaplogroups may have been the result of Spanish soldiers with North African ancestry or West African male slaves transported to the region, since West Africa was one of the most important sources of slaves to the Americas (Rout, 1976). Further analysis using Y chromosome SNPs need to be performed to confirm and deepen into these results.

Y chromosome STR haplotypes show a substantial interpopulation differentiation both on a worldwide and continental scale (Kayser et al., 2001; Roewer et al., 2005), and their variability is partitioned by haplogroup

background (Bosch et al., 1999). Although SNPs can allow us to identify deep lineages of Y chromosomes and provide a better Y haplogroup resolution, Y-STRs can be highly informative markers for studies of recent evolutionary (or historical) events (Roewer et al., 1996; Pérez-Lezaun et al., 1997).

Admixture proportions based on autosomal STRs show a predominantly Spanish contribution (69%), followed by 20.3% African and 10.6% Amerindian to the genetic pool of Nicaraguan Mestizos. Similar proportions of Spanish ancestry have been found in Mestizo Mexicans (Cerdas-Flores et al., 2002; Simms et al., 2008), and in areas with relatively low pre-Columbian Native population density (Central Valley of Costa Rica, Medellín from Colombia, and Rio Grande do Sul from Brazil) (Wang et al., 2008). However, this is not true for Nicaragua, which was highly populated when the Spanish arrived (Tous, 2003). Admixture estimates obtained for mtDNA contrast sharply with those obtained for Y chromosome and autosomal markers, which show a similar admixture pattern. Initial asymmetric mating involving mainly immigrant male and Native American women would explain the proportions seen for mtDNA and Y chromosome, but not for autosomal STRs. Thus, subsequent asymmetry in mating primarily between Mestizo women and European male, within a background of substantial decrease of Native American population, need to be referred to explain the results.

Finally, the African ancestry proportion is also evident for autosomal markers (20.3%). The highest African ancestry based on autosomal microsatellites has been determined in Mestizos from circum-Caribbean areas and in South American regions with past large African immigrations (Zúñiga et al., 2006; Mendizabal et al., 2008; Simms et al., 2008; Wang et al., 2008). Nowadays, the important proportion of African ancestry in Nicaragua is also evident within the census (VIII Censo de Población y IV de Vivienda, 2005). Afro-indigenous groups such as Miskitos, Sumus, Garifundas, and Ramas account for ~30% of the Nicaraguan population distributed throughout the country.

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